

Enlivened Hearts

Women's Support Group

*Find healing, support and care.
You don't have to go through it alone!*

Enlivened Hearts Women's Support Group is designed to help women of divorce/separation through a potentially difficult times during and after a divorce, dealing with the loss and adjusting to a new phase of life. Find help and healing for the hurt of separation and divorce. It is not weak to seek help!

Group Facilitator

Cindy Loh is a Certified Emotionally Focused Couple Therapist with clinical experience with couples and families in distressed relationships. In her divorce support work, she delivers programmes and facilitates group therapy and workshops that promote the well-being of individuals in divorce situations.

Support Group Schedules

Dates : Every 2nd Saturday of the month, 2pm - 5pm
Venue : Care Corner Centre for Co-Parenting
Blk 21 Eunos Crescent #01-2983 (400021)

If interested, please contact Cindy Loh at 62580020 or email: cindyloh@carecorner.org.sg

Enlivened Hearts Women's Support Group Application Form

Name: _____ NRIC No. _____

Date of Birth: _____ Religion: _____

Occupation: _____ Income: _____

Highest Qualification Level: _____

Home Address: _____

_____ Housing Type: _____

Tel: (Home) _____ (HP) _____

Email Address: _____

Name & Age of children: 1) _____/Age____(M/F)

2) _____/Age____(M/F)

3) _____/Age____(M/F)

YEAR Info: 1. Married 2. Separated 3. Divorced 3. Remarried
_____yrs _____yrs _____yrs _____yrs

Please Complete

a) Have you joined similar group before? Yes / No

b) Have you sought any help before? Yes / No

If Yes, please state: _____

c) How did you come to know about this Group?

d) What is your expectation from the group?

e) Emergency Contact:

Name: _____ Relationship: _____

Tel/HP: _____

I understand that all information will be stored in the database of eCMS, which complies with strict confidentiality policy issued by the NCSS, and consent for these data to be shared across agencies to serve me and my family better in terms of inter-agency delivery and co-ordination.

Please mail your application form to **Care Corner Centre for Co-Parenting**
Blk 21 Eunos Crescent #01-2983 (400021) Tel: 6258 0020 Email: cindyloh@carecorner.org.sg